

# This Body Not Big Enough For Both Of Us: A Must-Read for Women Exploring Identity and Body Image



## This Body's Not Big Enough for Both of Us: A Novel

by Edgar Cantero

★★★★☆ 4.4 out of 5

Language : English  
Paperback : 176 pages  
Item Weight : 11 ounces  
Dimensions : 6 x 0.47 x 9 inches  
File size : 1918 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 248 pages



In a world that constantly bombards us with images of impossible beauty standards, it can be difficult for women to feel good about their bodies. We are constantly told that we should be thinner, prettier, and more perfect. But what if we could reject these unrealistic ideals and embrace our bodies for all that they are?

**This Body Not Big Enough For Both Of Us** is a powerful and thought-provoking exploration of the complex relationship between women, their bodies, and the world around them. Written by award-winning author and activist Elissa Bassist, this book offers a unique perspective on body image that is both personal and political.

Bassist draws on her own experiences as a fat woman to challenge the dominant narrative about what it means to be beautiful. She argues that our bodies are not simply objects to be judged or controlled, but are integral to our identities and our sense of self. She also explores the ways in which body image is shaped by race, class, gender, and sexuality, and how these factors can create unique challenges for women.

**This Body Not Big Enough For Both Of Us** is a must-read for women of all ages and backgrounds. It is a book that will help you to understand your own body image, and to challenge the unrealistic standards that society imposes on women. It is a book that will inspire you to love your body, and to fight for a world where all women are valued and respected.

### **Praise for This Body Not Big Enough For Both Of Us**

"A powerful and necessary book that will help women to see their bodies in a new light. Elissa Bassist writes with honesty, humor, and insight, and she challenges us to think critically about the ways in which body image is shaped by our culture." — **Roxane Gay, author of *Bad Feminist***

"This is a book that will stay with you long after you finish reading it. Elissa Bassist's writing is both personal and political, and she offers a unique perspective on body image that is both refreshing and empowering." — **Ijeoma Oluo, author of *So You Want to Talk About Race***

"A must-read for anyone who has ever struggled with body image. Elissa Bassist writes with compassion and intelligence, and she offers a powerful antidote to the toxic messages that we are constantly bombarded with." — **Lindy West, author of *Shrill***

## About the Author

**Elissa Bassist** is an award-winning author, activist, and speaker. She is the author of two previous books, *Hysterical: Women and Laughter* and *BUST: A Celebration of Women in Popular Culture*. She has written for numerous publications, including *The New York Times*, *The Washington Post*, and *The Guardian*. She is a regular contributor to NPR's *Fresh Air* and has appeared on *The Daily Show with Trevor Noah*, *CNN*, and *MSNBC*.

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**This Body Not Big Enough For Both Of Us** is available now from all major booksellers. Free Download your copy today and start your journey to body acceptance and self-love.



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