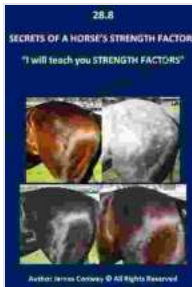


# Our Aim Is To Teach Pro Punters How To Rate Horse 100 Strength Fitness To

Horse racing is a sport that is enjoyed by people all over the world. It is a thrilling and exciting sport to watch, and it can also be a very lucrative one for those who are able to pick the winners. One of the most important factors in horse racing is the horse's fitness. A horse that is in good physical condition is much more likely to win a race than a horse that is not.

There are a number of factors that can affect a horse's fitness, including its age, its training, and its diet. However, the most important factor is the horse's natural strength. Some horses are simply born with more strength than others, and this can give them a significant advantage in races.



**28.8 Secrets of a HORSE'S STRENGTH FACTORS: Our aim is to teach pro punters how to rate a horse 100% strength fitness to increase their chances of winning. ... teach you how to win on a stronger horse** by Amr Abdelgawad

★★★★☆ 4.4 out of 5

Language : English  
File size : 2638 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Print length : 708 pages



## How to Rate a Horse's Strength

There are a number of ways to rate a horse's strength. One way is to look at the horse's physical appearance. A horse that is strong will have a well-developed muscular system. They will also have a strong back and hindquarters.

Another way to rate a horse's strength is to watch them move. A strong horse will move with power and athleticism. They will have a long, flowing stride and they will be able to accelerate quickly.

Finally, you can also get an idea of a horse's strength by looking at their past performances. A horse that has won a number of races is likely to be a strong horse.

### **The Importance of Strength in Horse Racing**

Strength is one of the most important factors in horse racing. A strong horse is more likely to win races than a horse that is not. This is because strength gives a horse a number of advantages.

First, strength gives a horse a better chance of winning a race by leading early and dictating the pace. A strong horse can also make up ground in the stretch run if they are behind.

Second, strength gives a horse a better chance of staying sound. A horse that is strong is less likely to suffer from injuries. This is important because injuries can sideline a horse for weeks or even months.

Finally, strength gives a horse a better chance of having a long and successful career. A strong horse is more likely to be able to compete at a high level for many years.

## How to Improve a Horse's Strength

There are a number of things that you can do to improve a horse's strength. One of the most important things is to provide them with a proper diet. A diet that is high in protein and carbohydrates will help a horse to build muscle and strength.

Another important thing is to provide a horse with regular exercise. Exercise will help a horse to develop their muscles and cardiovascular system. It is important to start a horse off slowly and gradually increase the intensity and duration of their workouts.

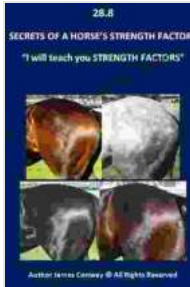
Finally, you can also use supplements to help improve a horse's strength. There are a number of different supplements on the market that are designed to help horses build muscle and strength.

Strength is one of the most important factors in horse racing. A strong horse is more likely to win races, stay sound, and have a long and successful career. There are a number of things that you can do to improve a horse's strength, including providing them with a proper diet, regular exercise, and supplements.

If you are serious about horse racing, then it is important to learn how to rate a horse's strength. This will give you a better chance of picking the winners and making a profit.

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