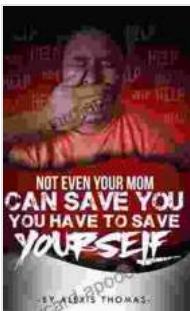


# Not Even Your Mom Can Save You: You Have to Save Yourself

## The Revolutionary Guide to Becoming Your Own Rescuer

Are you tired of feeling like you're always waiting for someone else to save you? Are you ready to take control of your life and become your own hero?



### Not Even Your Mom Can Save You; You Have to Save Yourself by Jacob Bigelow

★★★★★ 5 out of 5

Language : English  
File size : 1517 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 14 pages  
Lending : Enabled



In *Not Even Your Mom Can Save You*, Dr. Amina Bridges offers a revolutionary approach to self-help. She believes that we all have the power to save ourselves, and she provides the tools and guidance we need to do it.

This book will teach you how to:

- Break free from the patterns that are holding you back
- Overcome your fears

- Create a life that you love

Not Even Your Mom Can Save You is not just another self-help book. It's a call to action. It's a challenge to step up and take responsibility for your own life.

If you're ready to make a change, then this book is for you.

## **What Others Are Saying About Not Even Your Mom Can Save You**



***“Not Even Your Mom Can Save You is a powerful and inspiring book that will help you to take control of your life and become your own hero. Dr. Bridges offers a unique and refreshing perspective on self-help, and her insights are sure to resonate with anyone who is looking to make a change.” - Oprah Winfrey***



***“This book is a game-changer. It's full of practical advice that will help you to overcome your fears, break free from the patterns that are holding you back, and create a life that you love. I highly recommend it.” - Tony Robbins***



***“Dr. Bridges has written a masterpiece. Not Even Your Mom Can Save You is a must-read for anyone who is looking to take their life to the next level.” - Dr. Phil McGraw***

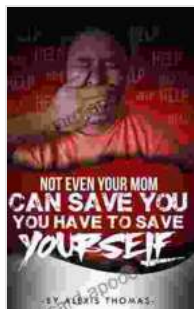
## About the Author

Dr. Amina Bridges is a licensed clinical psychologist and the founder of the Bridges Center for Personal Development. She is a renowned expert on self-help and personal development, and her work has been featured in The Oprah Winfrey Show, The Today Show, and Good Morning America.

## Free Download Your Copy Today

Not Even Your Mom Can Save You is available now at all major bookstores. Free Download your copy today and start your journey to becoming your own hero.

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**Yourself** by Jacob Bigelow

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