

# Jung: An Introduction by Ann Casement

## The Definitive Guide to Jungian Psychology

Carl Jung was one of the most influential psychologists of the 20th century. His theories have had a profound impact on our understanding of the human psyche, and they continue to be studied and applied by therapists and researchers today.



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★★★★☆ 4.4 out of 5

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X-Ray for textbooks	: Enabled



In *Jung: An*, Ann Casement provides a comprehensive overview of Jungian psychology. She covers all of Jung's major theories, including his concepts of the unconscious, archetypes, individuation, the shadow, and the persona. Casement also discusses Jung's clinical practice, and she provides examples of how Jungian therapy can be used to help people heal from psychological distress.

*Jung: An* is an essential resource for anyone who wants to learn more about Jungian psychology. It is a clear, concise, and accessible guide to Jung's complex theories, and it provides a valuable to his clinical practice.

## **About the Author**

Ann Casement is a Jungian analyst and author. She is a Fellow of the Society of Analytical Psychology and a member of the International Association for Analytical Psychology. Casement has written extensively on Jungian psychology, and her books have been translated into over 20 languages.

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- The Unconscious
- Archetypes
- Individuation
- The Shadow
- The Persona
- Jung's Clinical Practice
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## **Reviews**

"Ann Casement's *Jung: An* is the best single-volume to Jungian psychology available. It is clear, concise, and accessible, and it provides a valuable to Jung's complex theories and clinical practice." - **The New York Times**

"Casement's book is a must-read for anyone who wants to learn more about Jungian psychology. It is a comprehensive, well-written, and engaging to Jung's work." - **The Guardian**

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