

Here's Why You Keep Choosing the Wrong Guy



Ladies: Here's Why You Keep Choosing The Wrong Guy by Mary Potter Kenyon

★★★★☆ 4.2 out of 5

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Enhanced typesetting : Enabled
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If you're like most women, you've probably had your share of bad relationships. You know the type: the guys who are emotionally unavailable, the ones who can't commit, the ones who just aren't right for you.

It can be frustrating and confusing to keep making the same mistakes in relationships. But the truth is, there's usually a reason why we keep choosing the wrong guy.

The Hidden Patterns in Your Love Life

There are a few hidden patterns that can sabotage our love lives. These patterns are often unconscious, but they can have a powerful impact on our choices.

One common pattern is that we tend to be attracted to people who are similar to our parents. This can be a problem if our parents had an

unhealthy relationship, as we may be drawn to partners who exhibit the same negative traits.

Another common pattern is that we tend to repeat the same mistakes in relationships. For example, if we've been in a relationship with someone who was emotionally unavailable, we may be more likely to choose another emotionally unavailable partner in the future.

How to Break the Patterns

If you want to start making better choices in relationships, it's important to become aware of the hidden patterns that may be sabotaging your love life.

Once you understand these patterns, you can start to make changes. For example, if you realize that you're attracted to emotionally unavailable men, you can start to look for men who are more emotionally available.

It's also important to be patient. Changing your relationship patterns takes time and effort. But if you're willing to put in the work, you'll be more likely to find the love you deserve.

Here are a few tips to help you break the patterns and start making better choices:

- Become aware of your own relationship patterns. What are the common denominators in your past relationships? What types of men do you tend to be attracted to? What are the red flags that you've ignored in the past?
- Challenge your assumptions. Just because you've always done something a certain way doesn't mean it's the right way. Be open to new possibilities and different ways of looking at relationships.

- Set standards for yourself. Don't settle for less than you deserve. Decide what you're looking for in a partner and don't compromise on your standards.
- Be patient. It takes time to change your relationship patterns. Don't get discouraged if you don't see results immediately. Just keep at it and you'll eventually see a difference.

If you're ready to start making better choices in relationships, I encourage you to read my book, *Here's Why You Keep Choosing the Wrong Guy*. In this book, I'll help you to identify the hidden patterns in your love life and give you the tools to start making better choices.

Click [here](#) to learn more about my book and Free Download your copy today.



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