

# Am Not Hurting: A Profound Exploration of Identity, Trauma, and the Resilience of Women



**i am not hurting.** by Ambreen Razia

★★★★★ 5 out of 5

Language : English

File size : 1915 KB

Text-to-Speech : Enabled

Screen Reader : Supported

Enhanced typesetting : Enabled

Print length : 99 pages

Lending : Enabled



Embark on an unforgettable journey with "Am Not Hurting," the extraordinary debut novel by Ambreen Razia, a literary tour de force that weaves together the complexities of identity, trauma, and the indomitable spirit of women.

## A Poignant Tale of Identity and Belonging

At the heart of "Am Not Hurting" lies the story of Nishat, a young Pakistani-American woman navigating the tumultuous waters of identity and belonging. Torn between the cultural traditions of her heritage and the freedoms of her adopted homeland, Nishat grapples with the expectations placed upon her and the longing to chart her own path.



## **Unveiling the Scars of Trauma**

"Am Not Hurting" unflinchingly confronts the devastating effects of trauma, both physical and emotional. Nishat's past holds a dark secret that haunts her present, casting a long shadow over her relationships and her ability to find peace.

Through vivid and evocative prose, Razia explores the insidious nature of trauma and its lingering impact on survivors. Nishat's struggle to reconcile her pain with the facade of strength she presents to the world is both heartbreaking and relatable.

## **The Unbreakable Bonds of Women**

Amidst the turmoil of Nishat's journey, "Am Not Hurting" celebrates the enduring power of female friendships and family bonds. Surrounded by a

close-knit group of women, including her strong-willed mother and her loyal companions, Nishat finds solace and support.



The women in Nishat's life become her beacons of hope and resilience, reminding her of her strength.

### **A Journey of Healing and Empowerment**

"Am Not Hurting" is ultimately a story of healing and empowerment.

Nishat's journey is one of reclaiming her voice, confronting her past, and

discovering the true measure of her resilience.

Through her raw and honest narrative, Razia invites readers to reflect on their own experiences, to challenge societal norms, and to embrace the transformative power of self-discovery.

### **Critical Acclaim and Recognition**

"Am Not Hurting" has garnered widespread critical acclaim for its profound insights, lyrical prose, and unflinching portrayal of a woman's struggle for identity and healing.



***" "A mesmerizing and unforgettable novel. Ambreen Razia's writing is both deeply moving and thought-provoking."  
—The New York Times"***



***" "A powerful and resonant story that shines a light on the complexities of identity, trauma, and the resilience of women. A must-read!"  
—NPR"***

### **Join Nishat's Journey Today**

Immerse yourself in the poignant and inspiring pages of "Am Not Hurting" by Ambreen Razia. This extraordinary novel will leave an indelible mark on your heart and mind, challenging your perceptions and empowering you to embrace your own journey of self-discovery and healing.

Free Download your copy today and embark on an unforgettable literary experience.

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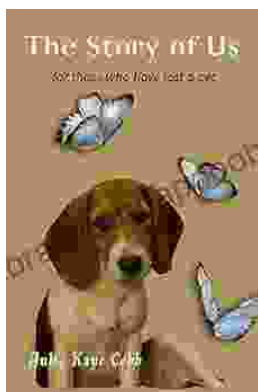
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